

OUTDOOR GAMES

CAPTURE THE FRUIT

YOU'LL NEED:

A large open space outside



2 teams of 3 or more people



2 apples



Cut out the colored strips below. Attach one to each team's apple to tell them apart.



HOW TO PLAY

A large playing area is chosen with a dividing line marked in the center. All players divide into two teams, each team choosing one side as their territory. Each team's apple is placed on the far boundary of their territory. The object of the game is to capture the opposing team's apple and return it to your team's territory. If you are tagged when in the opposing team's territory you must go to "jail", which is a predetermined

spot usually near the back of the enemy's territory. If you have the apple in your hands when tagged, the apple is dropped where you were standing when tagged. The only way to escape jail is to have your fellow teammates save you and tag you. Once you are freed, you must run back to your own territory before attempting to capture the other team's apple again. The first team to capture the opponent's apple is the winner.



RED TEAM



BLUE TEAM

